

GrandAM April Newsletter

Grand Area Mentoring / 435-260-9646

Even Better Together

Want to Chip In (only a little) More?

Mentoring is a big commitment. Volunteers must show up each week to meet with their mentees. This is the heart of the program. This is how Grand Area Mentoring accomplishes great things. Thank you!

However, there are other ways to contribute that don't demand such consistent effort. Grand Area Mentoring is growing, and volunteers are welcome to fill in the following roles to help strengthen the program:

- Publicity & recruitment assistant* – hanging flyers, distributing brochures, talking on the radio, etc.
- Office intern* – filing and doing data entry, inventorying/organizing/sorting supplies, writing copy, etc.
- Gardener* – weeding and taking care of Grand Area Mentoring's HMK plot
- Pro bono trainer* – offering advanced mentor training in a particular field (cultural awareness, tutoring tips, mentoring resources, youth or provider mental health, special activity instruction, etc.)
- Grant researcher* – identifying appropriate new funders (using the Foundation Center, for example)
- Event coordinator* – researching venues and organizing supplies & setup for special events (such as the end-of-year celebration)

Please call director Daniel McNeil if interested in expanding your volunteer role (only a little): 260-9646



Xandra & Ivory

MENTOR TRAINING!

Ethics in Mentoring: 5 Principles to Help Mentors Build Meaningful Relationships

When: April 27, 4:30-5:30

Where: HMK Elementary, Room 141

Who: Mentors and school staff/volunteers who work with youth


What: Ethical guidelines provide a useful framework for mentors who may occasionally face challenges and questions based on issues such as safety, boundaries, responsibility, and diversity. This training will introduce mentors to the ethical underpinnings of a positive mentoring relationship by discussing: the definition of ethics, why it is important in the context of mentoring, five key principles, and a hypothetical exercise to demonstrate how ethical dilemmas may come up in everyday situations.



Don't miss it!



This Month in Mentoring

- **April 5, 6:30: Suicide Prevention Training.** See page 2 for more.
- **April 14-15: Mid Term Conferences.** No mentoring.
- **April 27: Ethics in Mentoring: 5 Principles to Build More Meaningful Relationships.** Join us at HMK, Room 141, 4:30-5:30pm, to learn about how you can 1) do no harm and 2) have a positive impact. Presented by Stacey Savelle, child welfare expert with specialties in mentored youth, youth empowerment, and youth in transition. See box at right for more. 

Grand Area Mentoring

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Growth Opportunity:

Join us to enjoy free food and a training about positive youth mental health & suicide prevention. This is geared for people who work with children aged 10-18. It will be a nice opportunity for you to better understand your mentee, his/her developmental stage, and signs to look out for.

What: Presentation from Vonda Jump of USU

Where: Grand County High School CTE Building

When: April 5th – Dinner served at 6:00, presentation at 6:30.

Love UT Give UT on March 31st was a rousing success! Kind donors raised over \$2,200 to provide mentoring supplies and equipment for the coming year, background checks for new mentors, and ongoing match support. Thank you to all who support Grand Area Mentoring before, during, and after Love UT Give UT!

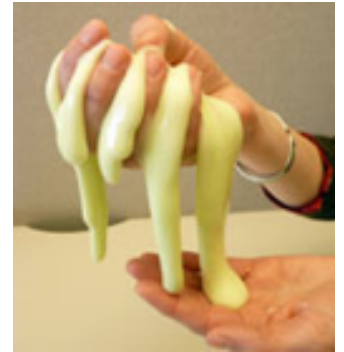


Idea of the Month: Make Some Goop!

This is a fun and easy slime to make. Make it with white glue for opaque slime or glue gel for translucent slime.

What You Need:

- Elmer's white glue or Elmer's school glue gel
- **Borax** (which can be found in the laundry detergent aisle)
- Water
- Two bowls
- Food coloring (optional)



What You Do:

1. In one bowl mix 1/2 cup (4 oz) glue and 1/2 cup water. Add food coloring if you want colored slime.
2. In the other bowl, mix 1 teaspoon borax with 1 cup water until the borax is dissolved.
3. Add the glue mixture to the borax solution, stirring slowly.
4. The slime will begin to form immediately; stir as much as you can, then dig in and knead it with your hands until it gets less sticky. (No one makes slime without getting a little messy!) Don't worry about any leftover water in the bowl; just pour it out.

What Happened:

The glue has an ingredient called polyvinyl acetate, which is a liquid polymer. The borax links the polyvinyl acetate molecules to each other, creating one large, flexible polymer. This kind of slime will get stiffer and more like putty the more you play with it. Store it in a plastic bag in the fridge, to keep it from growing mold.

Thanks to Bryon and Jairett for this excellent idea!



Abbie & Danger



Bryon & Jairett